



## **2021 SRS Board of Directors Candidate**

**Director-at-Large**

**Amy Wolfson, PhD**



I have been actively engaged in our field since my graduate school days when I worked with the late Patricia Lacks and I've been a member of SRS since the 1994-1995 academic year at Mary Carskadon's terrific advice. I served on several SRS committees over the years including government affairs and the trainee committee. Also, I was instrumental in helping found what we called, SRS's Women in Sleep Research (known as WISR). At the local level, I was actively involved in the New England Sleep Society and since moving to Baltimore, I have joined the Maryland Sleep Society.

Likewise, I served for two terms on the National Sleep Foundation BOD and I am currently on the Start School Later BOD (I certainly understand that I will need to resign from this BOD if I am elected to the SRS BOD). With my focus on teaching and engaging undergraduates in research over the last 25 years, I have brought many student researchers to the SLEEP meetings and trainee day and several of my students are now active researchers in the field or related scholarship areas.

Briefly, from 1992-2014, I was a professor of psychology and later Inaugural Director of the Center for Teaching and Associate Dean of the Faculty at the College of the Holy Cross, Worcester, MA. Since 2014, I have been on the faculty at Loyola University Maryland and served as Vice President for Academic Affairs for several years. After returning full-time to Loyola's faculty in 2017 (after being busy with administrative work and leadership at Holy Cross and Loyola), I have reengaged in my research and teaching undergraduate as well as graduate students as Loyola has a PsyD program. As you can see from my bio sketch, I have extensive experience on boards, organizing conferences, and other professional and community service work. Most recently, I served as co-chair of the Adolescent Sleep and School Start Times Summit (January 2021).

At this point in my career, it would be a pleasure to recommit to SRS's mission and work and to be seriously considered for the Board of Directors. At the heart of my interest is my desire to help lead an organization that has had an ongoing commitment to sleep and circadian rhythms research and to training the next generation of sleep scientists. It would be an honor to work with the SRS Board and membership over the next few years and beyond.

In advance, thank you for this opportunity to serve on the SRS Board of Directors. I hope that the membership of Sleep Research Society seriously considers me for Director-at-Large position.