



LEGISLATIVE AGENDA **116th Congress, 2nd Session**

About the Sleep Research Society

The Sleep Research Society (SRS) was established in 1961 by a group of scientists who shared a common goal to foster scientific investigations on all aspects of sleep and sleep disorders. Since that time, SRS has grown into a professional society comprising over 1,300 researchers nationwide. From promising trainees to accomplished senior level investigators, sleep research has expanded into areas such as psychology, neuroanatomy, pharmacology, cardiology, immunology, metabolism, genomics, and healthy living. SRS recognizes the importance of educating the public about the connection between sleep and health outcomes. SRS promotes training and education in sleep research, public awareness, and evidence-based policy, in addition to hosting forums for the exchange of scientific knowledge pertaining to sleep and circadian rhythms.

About Project Sleep

Project Sleep is a 501(c)(3) non-profit organization raising awareness about sleep health and sleep disorders by working with affected individuals and families across the country. Believing in the value of sleep, Project Sleep aims to improve public health by educating individuals and policymakers about the importance of sleep health and sleep disorders. Project Sleep will educate and empower individuals using events, campaigns and programs to bring people together and talk about sleep as a pillar of health.

FY 2021 Funding Recommendations

- The sleep community joins the broader public health community in requesting \$8.3 billion in overall funding for the Centers for Disease Control and Prevention (CDC) to reinvigorate meaningful professional education, public awareness, and surveillance activities.
 - In this regard, please establish a dedicated line-item program for *Chronic Disease Education and Awareness* at CDC with an initial investment of \$5 million (as previously outlined in the FY 2020 House L-HHS-Ed Appropriations Bill).
- The sleep community joins the broader research community in requesting \$44.7 billion in discretionary funding for the National Institutes of Health (NIH). Sleep impacts nearly every system of the body and various disease processes, please provide proportional funding increases for all NIH Institutes and Centers to further support sleep, circadian, and sleep disorders research activities.
 - In this regard, please support timely and relevant committee recommendations regarding medical research and public health activities focused on sleep, circadian, and sleep disorders.
- Please provide the Department of Defense (DoD) Congressionally Directed Medical Research Program with meaningful funding increases, and continue to include “sleep disorders and restriction” as conditions eligible for study annually through the Peer-Reviewed Medical Research Program.
- Please provide the VA Medical and Prosthetic Research Program with a meaningful funding increase to support ongoing and emerging research activities.