

# SUEÑOS

Announcement 4th Edition  
**Hospes Sueños 2008 International Award**



The prestigious Hospes Hotels & Moments luxury and design hotel collection, in collaboration with the Sociedad Española del Sueño – Spanish sleep Association (SES), the leading exponent in research and development of Sleep Medicine in Spain, announces for third consecutive year The Hospes Sueños International Award to the best scientific study on sleep habits.

## **Publications**

The papers going in for the award must be publications on sleep habits studying the influence of medical, scientific, psychological, environmental, nutritional, cultural, social or others aspects on population sleeping quality.

## **The award**

Three papers will be awarded: First position – 5.000€, Second position - 2.000€, Third position - 1.000€. The winning paper will be selected by a jury chosen by Hospes Hotels & Moments and the SES together.

## **Winners of previous editions**

Winner 2005 Edition: Dra. María Ángeles García, (Spain). Publication Title: *Sleep habits and sleep related problems in teenagers: relationship with school performance.*

Winner 2006: Dra. Évelyne Touchette, Montreal (Canada). Publication Title: *Factors Associated With Fragmented Sleep at Night Across Early Childhood.*

Winner 2007:

First position: Dra. Kristen L. Knutson, (EEUU). Publication Title: *Role of Sleep Duration and Quality in the Risk and Severity of Type 2 Diabetes Mellitus*

Second Position: Dra. Silvia Miano, (Italy). Publication Title: *NREM Sleep Instability is Reduced in Children With Attention-Deficit/ Hyperactivity Disorder*

Third Position: Dr. Juan Fernando Masa Jiménez, (Spain). Publication Title: *Association Between Habitual Naps and Sleep Apnea*

## **Application Requirements**

- 01 All studies must have been published or accepted for their publication during the year 2006 and/or 2007.
- 02 The studies must be submitted in Spanish or English.
- 03 All studies must include a 3 to 5 page abstract (DIN A1, Arial 12 and spacing 1,5). Two figures maximum may be included.
- 04 The works submission implies the authorization for their subsequent publication in a compilation book. An authorization for the total or partial work publication must be included.
- 05 Each author may submit a maximum of two works.
- 06 Papers submitted in previous editions for the present award will not be accepted.
- 07 Original papers will be highly considered.

## **Deadline**

Works must be sent before September 15th 2008.

## **Submission requirements**

An author's CV specifying his/her professional as well as academic development, his/her contact data and subject: **Sueños Award** must be included.

Papers must be sent by e-mail ([suenos@hospes.es](mailto:suenos@hospes.es)) in PDF format.

More information: [hospes.es](http://hospes.es) / [fuenso.com](http://fuenso.com)