

The Sleep Research Society Presents



ADVANCES IN Sleep & Circadian SCIENCE

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- Single-track meeting integrating sleep and circadian science
- Cutting-edge discussions
- Interdisciplinary cross-talk
- Abundant networking opportunities from trainee to established researcher

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sleepresearchsociety.org
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**February 1-4,
2019**

**SHERATON SAND KEY RESORT
CLEARWATER, FLORIDA**

MEETING OVERVIEW

Plenary Session: The Future of Transdisciplinary Sleep and Circadian Science

Chiara Cirelli, MD | Daniel J. Buysse, MD | Joseph Takahashi, PhD
Charles A. Czeisler, PhD, MD

The Development of Sleep and Circadian Rhythms: From Molecules to Circuits

Kazuhiro Yagita, PhD | Mark S. Blumberg, PhD | Ines Wilhelm, PhD
Sara J. Aton, PhD | Mary A. Carskadon, PhD

Sleep and Circadian Mechanisms of Remembering, Forgetting, and Thoughts That Won't Let Go

H. Craig Heller, PhD | Giulio Tononi, MD, PhD | Edward F. Pace-Schott, PhD
Jessica Payne, PhD | Matthew P. Walker, PhD

Sleep & Circadian Influences on Metabolism and Aging

Eve Van Cauter, PhD | Joseph Bass, MD, PhD | Mimi Shirasu-Hiza, PhD
Joseph Takahashi, PhD

Mood and Arousal: The Intersection of Sleep and Circadian Rhythms

Samer Hattar, PhD | Colleen McClung, PhD | Gina R. Poe, PhD
Gary Aston-Jones, PhD | Edward F. Pace-Schott, PhD

Cause and Effect: Sleep and Circadian Disruption and Alzheimer's Disease

Anne Eckert, PhD | David M. Holtzman, MD | Sigrid C. Veasey, MD
Matthew P. Walker, PhD

Molecular Regulation of Circadian Rhythms and Sleep

Hiroki R. Ueda, MD, PhD | Paul Taghert, PhD | Philip G. Haydon, PhD
Michael H. Hastings, PhD, FRS, FMedSci | Russell Foster, CBE, FRSB, FRS, FMedSci

Cross Talk Between Sleep and Circadian Circuits

Orie T. Shafer, PhD | Christelle Anaclet, PhD | Steven Brown, PhD
Luis de Lecea, PhD | Clifford B. Saper, MD, PhD

Responders or Regulators of Sleep and Circadian Timing?

Frank A.J.L. Scheer, PhD | Satchidananda Panda, PhD | Paul Franken, PhD
Ketema N. Paul, PhD | John Hogenesch, PhD

*Confirmed programming as of 5/1/18



Sleep
Research
Society®

*Research is better with a little
sand between your toes.*