The 20th Annual Sleep Research Society Trainee Program will be held Saturday, June 6 – Sunday, June 7, 2015, at the Sheraton Seattle Hotel. The series is free to AASM and/or SRS student members. You must be registered for the SLEEP 2015 meeting to participate; you can register online at www.sleepmeeting.org. Space is limited for Trainee Day. The deadline to register for the trainee program is April 22, 2015, or when sessions are full. Trainee Day registrations will not be accepted after April 22, 2015.

Name: __________________________________ Institution: ________________________________________________________

Email (for registration confirmation and schedule): ________________________________________________________________

I am a member of (check one): □ SRS □ AASM □ Both SRS/AASM

What type of training program are you in?

□ Undergraduate

□ Masters Program in ______________________________

□ Medical Residency in ______________________________

□ PhD Program in ______________________________

□ Postdoctoral Fellowship

□ Psychology Internship

□ Medical School

□ Medical Fellowship in ______________________________

□ Post Baccalaureate

SATURDAY, JUNE 6, 2015

5:00pm – 6:30pm
Trainee Symposia Series Welcome and Keynote Address

Welcome Address
Allan Pack, PhD, MBChB, SRS President

Keynote Address
Past, Present and Future of Sleep Research
Sean Durmmond, PhD

6:30pm – 8:30pm
Datablitz and Career Development Fair
This event will start out with a 30-minute dATABLITZ of research presented by fellow trainees. Then, representatives from universities and research organizations will be available at the Career Development Fair to discuss their research programs and to advertise student postdoctoral and faculty positions.

SUNDAY, JUNE 7, 2015

Workshop 1: 8:00am – 9:00am
(Rank based on your preference; indicate your first choice with a number 1)

Past and Future of OSA Research
Allan Pack, PhD, MBChB

What Makes a Successful Job Talk?
Colin Espie, PhD and Erin Wamsley, PhD

Writing and Preparing Pilot, Dissertation, and Individual Training Grant Proposals: How to Avoid Pitfalls and Highlight Strengths
Bryce Mander, PhD and Wilfred Pigeon, PhD

Role of Sleep Reactivity and Stress in the Evolution of Insomnia and Depression
Christopher Drake, PhD

Circadian Rhythms Research: Measurement and Application of the DLMO
Stephanie Crowley, PhD

Overview of Sleep Neurobiology
Ronald Szymusiak, PhD

Techniques for Recruiting and Retaining Participants in Epidemiological and Clinical Research Studies
Kristen Knutson, PhD

Patient-Oriented Research in Sleep: Developing New Tools to Help Measure Sleep
Daniel Buysse, MD

Visit www.sleepresearchsociety.org for a full description of each workshop.

REGISTRATIONS WILL NOT BE ACCEPTED AFTER APRIL 22, 2015
SLEEP RESEARCH SOCIETY 20TH ANNUAL TRAINEE SYMPOSIA SERIES

REGISTRATION FORM

SUNDAY, JUNE 7, 2015

Workshop 2: 9:10am – 10:10am
(Rank based on your preference; indicate your first choice with a number 1)

The Multiple Sleep Latency Test (MSLT): History, Current Applications, and Future Directions
Mary Carskadon, PhD

Sleep Homeostasis
Craig Heller, PhD

NIH Loan Repayment Program – The NIH Peer Reviewed Grant Competition: A Program Officer Perspective
Michael Twery, PhD

Securing an Academic Position in a Psychology or Neuroscience Department
Hawley Montgomery-Downs, PhD and Michael Scullin, PhD

Assessing for and Intervening on Disordered Sleep in Pregnancy and the Postpartum Period
Katherine Sharkey, MD, PhD

Pediatric Sleep Disturbance and ADHD
Mark Stein, PhD

Sleep and Mood Disorders: Contemporary Approaches to Established Research
Ruth Benca, MD, PhD

Sleep Extension as an Intervention
Janet Mullington, PhD

Workshop 3: 10:20am – 11:20am
(Rank based on your preference; indicate your first choice with a number 1)

Circadian Medicine: Now and the Future
Phyllis Zee, MD, PhD

Manuscript Preparation/Submission for Publication
Michael Vitiello, PhD

Sleep, Memory and Dreams: Recent Findings and Future Directions
Robert Stickgold, PhD

Genetic Tools to Study the Brain
Patrick Fuller, PhD

Navigating the SLEEP 2015 Meeting
Philip Gehrman, PhD

Social Rhythms and Developmental Chronobiology
Natalie Dautovich, PhD

Using Epidemiology to Solve Methodological and Statistical Challenges in Clinical Sleep Research
Michelle Garrison, PhD

Non-Traditional Career Options for Clinical Researchers
Mark Aloia, PhD; Ian Colrain, PhD and Jodi Mindell, PhD

Workshop 4: 11:30am – 12:30pm
(Rank based on your preference; indicate your first choice with a number 1)

Sleep in Space
Laura Barger, PhD

The Function of Sleep: A Phylogenetic Perspective
Jerome Siegel, PhD

Consequences of Contemporary Life on Sleep and Circadian Rhythms
Kenneth Wright, Jr., PhD

Phenotyping Insomnia
Jack Edinger, PhD

Navigating Sleep as an Interdisciplinary Career: Integrating Sleep Research with Sociological and Psychological Topics
Lauren Hale, PhD

What Human Neuroimaging Can Tell Us About Sleep and Sleep Deprivation
Michael Chee, MBBS

Integrating Research into Clinical Practice
James Wyatt, PhD

International Training and Research Collaboration
Megan Crawford, PhD; Xiang Gao, MD, PhD; and Ronald Grunstein, MD, PhD;

Platinum Presenter – a highlighted speaker or presenter in honor of the 20th Anniversary of the Trainee Symposia Series

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