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Naresh M. Punjabi, M.D., Ph.D. is an Associate Professor of Medicine and Epidemiology in the Division of Pulmonary and Critical Care Medicine at the Johns Hopkins University School of Medicine. He received his undergraduate education in Biomedical Engineering from Northwestern University and his M.D. from the University of Chicago (Pritzker School of Medicine) in 1991. He completed his post-doctoral training in Internal Medicine, Pulmonary/Critical Medicine, and Sleep Medicine all at the Johns Hopkins University School of Medicine in Baltimore, Maryland. His current research focuses on the clinical and population epidemiology of sleep apnea with a particular emphasis on outcomes including insulin resistance, type 2 diabetes mellitus and cardiovascular disease. In addition, ongoing work in his laboratory is examining intermediate pathways

through which intermittent hypoxia and sleep fragmentation in sleep apnea alter normal glucose homeostasis. He has been one of the principal investigators for the multi-center Sleep Heart Health Study examining the longitudinal effects of sleep apnea on hypertension, cardiovascular disease, and mortality. Dr. Punjabi also directs the field site operations at Johns Hopkins for a National Heart, Lung, and Blood Institute (NHLBI)-sponsored clinical trial on the efficacy on positive airway pressure and supplemental oxygen in patients with sleep apnea and cardiovascular disease. He has served as member of the APSS scientific program committee from 2004 through 2010 and as an editorial board member for the *American Journal of Respiratory and Critical Care Medicine*, *CHEST*, *SLEEP*, *Journal of Clinical Sleep Medicine*, and *Sleep Medicine*.